

The Southern Food Issue

GARDEN & GUN

SOUL of the SOUTH
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Let's Eat!
105 Recipes,
Restaurants,
Drinks &
More

For a homemade
country ham breakfast,
turn to page 93



The
South's Most
Unsung
Chef
by
Adam Sachs
Page 114

\$5.99



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Best Dishes in Dixie

Plus: Alton Brown, Kings of Leon, Cast-Iron Classics,
and the Ultimate Breakfast Guide

Roy
Blount
on the
Perfect
Biscuit

John T.
Edge
Explores
Hidden
Atlanta

Rick
Bragg's
Grouper
Sandwich
Cravings



HOT SEATS

Left to right

Combining coated metal with a sturdy oak seat and feet, this utilitarian stool from **Lostine** is a timeless addition to your kitchen (\$275, minam.com). Seventh-generation woodworker Scott Woody, owner of **Woody's Chair Shop**, crafts this stool from ambrosia maple—named for the beetle that gives the wood its unique markings; each is made to order and available in multiple colors (\$350, woodyschairshop.com). Engineered for comfort, the seat of **Rejuvenation's** elegant walnut counter stool is modeled after the contours of a tractor seat (\$500, rejuvenation.com). Bring the outdoors in with this sculptural stool from North Carolina's **Old Wood Co.**, fashioned out of white oak and steel welded into a tree-like base (\$1,340, theoldwoodco.com). ©